

R.M.D. ENGINEERING COLLEGE (An Autonomous Institution) R.S.M. NAGAR, KAVARAIPETTAI-601206



REPORT ON INNOVATION AND ENTREPRENEURSHIP OUTREACH PROGRAM IN SCHOOLS

Title : Food Safety and Hygiene Date : 24.02.2023

The ECO Club and Institution Innovation Council (IIC) of RMDEC jointly organized an one day innovation and Entrepreneurhip outreach Programme in Government Higher Secondary School, Periyapalam on 24 th February 2023. The session has started with the welcome address by the Head Master of the Government Higher Secondary School, Periyapalam. The IIC Convenor Dr, Bennila Thangammal.gave felicitation and highlighted the objective of Outreach programme. It was followed by ECO Club Coordinator Dr. S. Ramesh, who created an awareness on food safety and hygiene to the school children.

During the session, he highlighted the significance of nutritious food and also explained about mal nutrition, undernutrition along with the importance of having a balanced diet. The Session continued with a demonstration and testing of various food samples for their purity and safety. He showed some experimental analysis to identify the good food and adulterated food. He also gave lot of inputs on various standards and certifications for quality food. He made the students understand the significance of food safety and hygiene. He insisted the children to consider the gut as the second brain for their safe and secure livelihood.

The session concluded with the feedback from the students about the knowledge gained by them in keeping them fit and healthy for life time.



